

LASALLE College of the Arts

Presents

The Internationalisation of the Creative Arts in Therapy



First International Conference on the Creative Arts in Therapy in Singapore

January 7 – 9, 2010

Presenters from New York University,

The School of the Art Institute of Chicago,

Whitecliffe College of Arts and Design and many others

Supported by



Welcome Note



Welcome!

Selamat Datang!

LASALLE College of the Arts welcomes you to Singapore and our first Creative Arts Therapy conference. We invite you to experience the diverse mix of cultures in Singapore - Chinese, Malay, Indian, Tamil, Australian, British and many others. Our diverse, efficient and beautiful island city-state will provide an endless array of things to do - from Chinatown and Little India to our internationally recognized zoo to world famous foods for all tastes and budgets...

The Conference

As the creative arts in therapy expands and grows into Asia we feel it is timely and important to think about how our regional ways of working can have an international influence on how we practice. How can we be mindful of our rich diversity of cultures globally and work together without sacrificing our unique ways of being in the world? We will provide a platform to share the benefits of the creative arts in therapy with other creative arts therapists and mental health practitioners not only in Singapore, but also with attendees from all over the world.

You will find presentations and workshops from experts and academics working in Australia, New Zealand, various states in the USA, the UK, Israel,

Iraq, and Canada. Our keynote will be delivered by the director of one of the premier art therapy programmes in the USA, Dr. Ikuko Acosta of New York University.

Other featured presenters will be from Nanyang Technological University, Whitecliffe College of Arts and Design, University of Western Sydney, Victoria University, The School of the Art Institute of Chicago, the Adler School of Professional Psychology, Lesley University, Notre Dame de Namur, Goldsmiths, University of London and Roehampton University.



Keynote Address: The Internationalisation of the Creative Arts in Therapy. *Dr. Ikuko Acosta, ATR-BC, Director Graduate Art Therapy Department, New York University.*

Welcome Note



Topics

We are offering a wide range of seminars, presentations, experientials and workshops focusing on art, drama, movement, sand play, master supervision* with children, adolescents, adults, families and geriatrics, covering themes such as:

- Rehabilitating Detainees
- Ethics
- Violence Inherent in the Workplace
- Trauma
- Gender Differences
- Community Mental Health
- Education
- Children with Special Needs
- Medicine
- Immigration and Displacement
- Research
- Forensics

We will also feature the music and dance from our diverse cultures and will end the conference with a moderated panel discussion on the internationalisation of the field featuring well-known creative arts therapists from the North America, Europe, Asia/Pacific Rim and the Middle East.

** Prior mental health training and experience required. Attendees are requested to bring specific case examples and questions relevant to the session.*

The Programme

The conference programmes are suitable for doctors, nurses, psychologists, social workers, educators, creative arts therapists and other mental health professionals. The conference will be held at various venues around the LASALLE campus.

Conference Fees**

(Prices are in Singapore Dollars)

1. Full day fee: \$500 and \$450 early bird special fee for the first 10 days of advertising.

2. One day fee: \$250.

3. Individual presentation/workshop fee: \$75 - \$150.

4. Additional fee: \$40 for each Master Supervision.

5. Concessions: Full conference fee for staff and students: \$250 and alumni: \$300.

**Sign up from October 16th on www.gatecrash.com.sg
Conference materials available at www.lasalle.edu.sg

We look forward to seeing you in Singapore.

*Elizabeth Coss, ATR-BC,
AThR, LCAT.*

Programme Leader,
MA Art Therapy,
LASALLE College of the Arts



Speaker List and Credentials

Ami M. Angell, PhD., LL.M., NTU S. Rajaratnam School of International Studies. (Singapore)

Dr. Ikuko Acosta, ATR-BC Director Graduate Art Therapy Department, New York University. (USA)

Katy Barrington, PhD, CT, Counseling Psychology: Art Therapy Program Adler School of Professional Psychology, Chicago. (USA)

Lynnette Beekwilder-Reid, B.A., Vis.M.A., A.Th. AThR(Aust), ANZATA Board Member. (Australia)

Vivien Beere, AThR, Northern Metro Mental Health, Western Australia. (Australia)

Johanna Czamanski Cohen, ATR-BC LPC. Doctoral Candidate, Ben Gurion University. (Israel)

Arnell Etherington, Ph.D., MFT, ATR-BC, Dean of College of Arts and Sciences, Notre Dame de Namur University, Belmont, California. (USA)

Dr. Ephrat Huss, Ben Gurion University. (Israel)

Joseph Jarowek, MA-CT, ATR-BC, Membership Committee AATA, Far Hills NJ. (USA)

Jessica Koh, PGDip. Art Psychotherapy. (Singapore)

Lee, Guat Keow, Allied Educator (Counselling), Ministry of Education, Singapore, MA Art Therapy Graduate, LASALLE College of the Arts. (Singapore)

Ronald P.M.H. Lay, MA, ATR-BC, Napa California. (USA)

Sally Legg, AThR, ANZATA Board Member. (NZ)

Amanda Levey, MAAT, Registered Psychologist, AThR, Co-Director, Master of Arts Therapy, Whitecliffe College of Arts and Design, Auckland. (NZ)

Dr Sheridan Linnell, Leads Master of Art Therapy Clinical Training Course at the University of Western Sydney. (Australia)

Denise Malis, MFA, ATR-BC, LMHC, Faculty, Expressive Therapies, Lesley University, Cambridge, MA. (USA)

Tarquam McKenna, PhD, Quality Portfolio Coordinator (Research), Creative Studies in Education, School of Education, Victoria University, ANZJAT Editorial Board, Melbourne. (Australia)

Marilyn Miller, MA, PGDip Art Psychotherapy Advanced Training. (UK)

Takeo Nagasaka, MAAT, ATR, LPC, Illinois Licensed Professional Counsellor, Chicago. (USA)

Ms Ng Ruey Pyng Teresa, MEd, Grad Dip Nsg, BHSc (Nursing), Adv Dip in Nsg (Oncology), RN. Nurse Clinician, KK Women's and Children's Hospital. (Singapore)

Jean Parkinson, MA (ATh), AThR. Supervision and Personal Therapy Chair, ANZATA, Auckland (Art Therapy and Sandplay). (NZ)

Jacqui Balloqui Probert, MA, PGDip.IP, PGDip.YC, Caps.MH, HPC.Reg.AT, BAAT.Reg., MBACP., Faculty, LASALLE College of the Arts. (Singapore)

Suellen Semekoski, ATR, BC, LCPC, Adjunct Associate Professor, The School of the Art Institute of Chicago. (USA)

Megan Shiell, MA (ATh), AThR, President ANZATA, Sydney. (Australia)

Joyce S.Y. Tan, RSW, MSW, Post Master's Advanced Standing in Art Therapy, Notre Dame de Namur University, Belmont, California. Faculty, LASALLE College of the Arts, Registered Counsellor. (Singapore)

Dr Tan Yah Yuen, MBBS, FRCS(Edin), FRCS(Glasg), FRCSEd(Gen Surg), FAMS. Consultant Surgeon, Breast Unit, KK Women's and Children's Hospital. (Singapore)

Matthew Trustman, Senior Lecturer, Roehampton University. (UK)

Wan Jia Ling (Rainbow Centre) and **Loo Hwee Hwee** (National University Hospital Department of Paediatrics), MA Art Therapy Graduates, LASALLE College of the Arts. (Singapore)

Jill Westwood, Registered Art Psychotherapist (UK & Australia), Visiting Tutor at Goldsmiths University of London, Adjunct Fellow, School of Social Sciences & the Research Centre for Social Justice & Social Change at the University of Western Sydney. (Australia)

Stephanie Wise, MA, ATR-BC, LCAT, Board Member ATCB, Clinical Assistant Professor, Marywood University, Scranton, PA. (USA)

Maureen Woodcock, AThR, Co-Director, Master of Arts Therapy, Whitecliffe College of Arts and Design, Auckland, Vice President ANZATA. (NZ)

SCHEDULE

Day 1, 7th January 2010, Thursday

8:00 – 9:00	Master Supervision A - C	13:00 – 17:00	Workshop 1
9:45 – 10:15	Welcome Speech & Ceremony	13:00 – 14:30	Workshops 2A – 2C
	Dance Performance	15:00 – 16:30	Workshops 3A – 3C
10:30 – 11:45	Keynote Address	17:00 – 18.30	Workshops 4A – 4C
11:45 – 12:45	Lunch on the Green	18:30	Closing – Dance Performance

8:00 – 9:30 Master Supervision. Prior Mental Health Training and Experience Required.

A. ART RESPONSE TO CLIENT WORK. *Maureen Woodcock.*

B. THE BODY IN THERAPY. *Amanda Levey.*

C. SUPERVISION IN AN ASIAN CONTEXT. *Joyce S.Y. Tan.*

10:30 – 11:45 Keynote Address: The Internationalisation of the Creative Arts in Therapy.

Dr. Ikuko Acosta, ATR-BC Director Graduate Art Therapy Department, New York University.

Dr. Acosta will talk about how the expansion of the creative arts in therapy internationally has provided an alternative and innovative way to address mental health issues in different areas of the world. She will talk about her work in Asia, Africa, Europe and the USA and the changes she has seen in the creative arts in therapy and mental health issues over the past 20 years.

13:00 – 17:00 Workshop 1

1. "IF THE SHOE FITS..." Therapeutic Technique for Family Therapy. *Arnell Etherington.*

13:00 – 14:30 Workshops and Presentations 2A – 2C

2A. Art Psychotherapy and DBT for Borderline Personality Disorder. *Megan Shiell.*

2B. Gendered Landscapes - The Impact of Social Constructs on the Female Therapist. *Denise Malis.*

2C. Sexuality Issues Faced by Individuals with Intellectual Disabilities. *Jessica Koh.*

15:00 – 16:30 Workshops and Presentations 3A – 3C

3A. Detainee Rehabilitation in Iraq with a Focus on Art Therapy. *Dr. Ami M. Angell.*

3B. Space, Place and Identity: Exploring Identity in a Multi – Centred World Through Dramatherapy. *Matthew Trustman.*

3C. Art Therapy in the Trauma Centre. *Joseph Jarowek.*

17:00 – 18:30 Workshops and Presentations 4A – 4C

4A. Ethical Issues in Working with Families with Medical Trauma. *Jacqui Balloqui Probert.*

4B. The Metaphor of the Mother House – Community Group Art Therapy as an Alternative to Hospital Treatment. *Marilyn Miller.*

4C. Expressive Arts and Art Therapy with Older Adults. *Takeo Nagasaka.*

SCHEDULE

Day 2, 8th January 2010, Friday

8:00 – 9:30	Master Supervision D – F	14:30 – 17:30	Workshop 7
9:30 – 11:30	Workshops 5A – 5C	14:30 – 16:00	Workshops 8A – 8D
11:30 – 13:00	Workshops 6A – 6D	16:30 – 18:00	Workshops 9A – 9E
13:00 – 14:30	Lunch (Available for Purchase Around The LASALLE Campus)	18:00	Drumming Circle and Sharing of Intercultural Art Encounter

8:00 – 9:30 Master Supervision. Prior Mental Health Training and Experience Required.

D. SUPERVISION AND CREATIVE ENCHANTMENT. *Jean Parkinson.*

E. SUPERVISION IN COMMUNITY MENTAL HEALTH. *Vivien Beere.*

F. DRAMATHERAPY IN SECONDARY EDUCATION WORKING WITH TEACHERS AND PARENTS. *Matthew Trustman.*

9:30 – 11:30 Workshops and Presentations 5A – 5B

5A. The Power of Combining Creative Modalities in the Therapeutic Process (Movement, Art, Poetry). *Maureen Woodcock and Amanda Levey.*

5B. "Is this the Gush?"- Art Therapy with Internally Displaced Teens from Gaza. *Johanna Czamanski Cohen.*

5C. The Worlds of Children in Distress: Using Art, Play and Sandplay Therapy. *Jean Parkinson.*

11:30 – 13:00 Workshops and Presentations 6A – 6D

6A. Understanding Our Ethical Process: How Healthy Boundaries and Best Practices are Maintained. *Stephanie Wise.*

6B. The Blokes – Men in Therapy. *Tarquam McKenna, PhD.*

6C. Alternative Psychological Breast Cancer Care and the Expressive Therapies in Singapore. *Dr Tan Yah Yuen and Ms Ng Ruey Pyng Teresa.*

6D. LASALLE MA ART THERAPY STUDENTS ONLY

Special Student Seminar on Research. *Dr. Ikuko Acosta.*

14:30 – 17:30 Workshop 7

7. An Intercultural Art Encounter. *Jill Westwood.*

Schedule is continued on the next page

SCHEDULE



Day 2, 8th January 2010, Friday - Continued

14:30 – 16:00 Workshops and Presentations 8A – 8D

8A. Towards a Culturally Hybrid Art Therapy within a Global Society – Combining Western and Islamic Elements. *Dr. Ephrat Huss.*

8B. Countering Violence with Compassion - Structural Violence in the Workplace and How to Address Burnout Caused by the Systems in Which We Work. *Suellen Semekoski.*

8C. Older Adults and Creative Expression. *Katy Barrington.*

8D. Cultivating the Creative Spark in a World in Crisis. *Sally Legg.*

16:30 – 18:00 Workshops and Presentations 9A – 9E

9A. HealthyRHYTHMS Drumming Circle. *Johanna Czamanski Cohen.* (Female participants only)

9B. Negotiating Barriers and Openings: Art Therapy with Refugee Clients in Sydney, Australia. *Toril Pursell.*

9C. Trauma in The Inuit Community in The Canadian Arctic. *Melissa Giuttari.*

9D. Group Art Therapy for Youth at Risk Using Haiku and Haiga with Watercolour, Journals and Narrative. *Lynnette Beekwilder-Reid.*

9E. The Accidental Art Therapist - Alternative Research. *Dr Sheridan Linnell.*

18:00 - End Open to All Attendees

Drumming Circle Will Continue for All Conference Attendees. *Johanna Czamanski Cohen.*

And

Sharing of Intercultural Art Encounter. *Jill Westwood.*



SCHEDULE

Day 3, 9th January 2010, Saturday

8:00 – 9:30	Master Supervision G - I	14:00 – 16:00	Panel Discussion (Workshop 12)
9:30 – 11:00	Workshop 10A – 10D	16:30 – 17:30	Farewell Speech and Ceremony.
11:30 – 13:00	Workshop 11A – 11E		Cultural Performance and Refreshments Provided.
13:00 – 14:30	Lunch (Available for Purchase Around The LASALLE Campus)		

8:00 – 9:30 Master Supervision Course. Prior Mental Health Training and Experience Required.

G. FORENSIC MENTAL HEALTH AND GERIATRICS. *Ronald P.M.H. Lay.*

H. WORKING WITH CHILDREN AND ADOLESCENTS. *Jacqui Balloqui Probert.*

I. CLINICAL EXPLORATION OF TRAUMA WORK WITHIN THE CREATIVE ARTS FRAMEWORK. *Stephanie Wise.*

9:30 – 11:30 Workshop and Presentations 10A – 10D

10A. From Local to Global – Ethics for the Therapist in Relation to Race, Gender, Diversity, Sexuality and Social Justice. *Suellen Semekoski.*

10B. Doing Art Every Day – Keeping Your Creative Practice Alive. *Marilyn Miller.*

10C. Art for Personal Change - Setting Up Art Therapy Programs in Community Mental Health. *Vivien Beere.*

10D. Art Beyond Sight - Supporting Resiliency through Adaptive Materials and Embodied Directives. *Joseph Jarowek.*

11:30 – 13:00 Workshop and Presentations 11A – 11E

11A. Art Therapy to Enhance Resilience Within War Situations. *Dr. Ephrat Huss.*

11B. Forensic Art Therapy - The Use of Technology to Re-Connect. *Ronald P.M.H Lay.*

11C. Relationship-Centered Art Therapy with Older Adults. *Takeo Nagasaka.*

11D. Creating the Time and Space for Art Therapy Practices in School Counseling. *Lee Guat Keow.*

11E. Are you Interested in Becoming a Creative Arts Therapist? *Wan Jia Ling and Loo Hwee Hwee.*

14:00 – 16:00 PANEL DISCUSSION - THE INTERNATIONALISATION OF THE CREATIVE ARTS IN THERAPY (Workshop 12)

Moderated by Tarquam McKenna, PhD, Victoria University, Melbourne, ANZJAT Editorial Board, Melbourne, Australia

Internationally well-known Creative Arts Therapists will discuss the current state of the family, women's and men's issues, trauma, populations at risk, economics, aging populations, research and the future of the field in their particular regions.

Panelists will include Stephanie Wise from the Art Therapy Credentials Board (ATCB) in the USA, Megan Shiell the current president of ANZATA (Australia New Zealand Art Therapy Association) Jessica Koh from APSN (Association for People with Special Needs) Singapore and Johanna Czamanski Cohen from Ben Gurion University in the Middle East

Accommodations



Please note that the hotels listed below are not an exhaustive list. Price is subject to change, for more information and booking please refer to the hotels individually. Rates are usually subject to 10% service charge and prevailing taxes.

Top range

1. *Carlton Hotel Singapore*

76 Bras Basah Road, Singapore 189558

T. (65) 6338 8333, F. (65) 6339 6866, e. mail@carltonhotel.sg

<http://www.carltonhotel.sg/promotions.php>

Best available Internet rate is SGD 187++ – SGD209++ for the duration of conference

2. *Fairmont Hotel*

80 Bras Basah Road (Formerly Raffles The Plaza, Singapore), Singapore 189560

T. (Singapore Toll Number) (001) 800 0441 1414, <http://www.fairmont.com/>

Best available Internet rate is SGD280++ - SGD310++ for the duration of conference.

Both hotels are located near City Hall Mass Rapid Transit –MRT- Station. They are walking distance to Chijmes, the Esplanade, the Singapore Art Museum and Orchard Road. They are within 20 – 25 minutes walking distance to LASALLE College of the Arts.

Accommodations

Medium range

1. Hotel Ibis Singapore on Bencoolen

170 Bencoolen Street, Singapore 189657

T. (65) 6593 2888, F. (65) 6593 2889, <http://www.accorhotels.com/gb/apac/index.shtml>

Best Internet rate SGD121++. Walk-in rate SGD138++. Walking distance to LASALLE College of the Arts is 5-10 minutes.

2. Bayview International Hotel

30 Bencoolen Street, Singapore 189621

T. (65) 6337 2882, F. (65) 6338 2880

e. sales.bhs@bayviewhotels.com

Special conference rate: SGD150 ++ (single/ twin room). Breakfast and Internet access are included. Please ask for the special rate. They are setting aside rooms for the conference dates. The Bayview is within 5 -10 min walking distance from LASALLE College of the Arts.

Both the Bayview and Ibis hotels are situated within a walking distance from the Singapore Art Museum and the Singapore National Museum.

Budget

1. Hotel 81

41 Bencoolen Street, Singapore 189623

T. (65) 6336 8181, F. (65) 6338 3316, http://www.hotel81.com.sg/hotels_bencoolen.shtml

Tourism Awards Singapore 2008 - finalist in the best accommodation experience (standard hotel). Rate SGD99++ (single room) – SGD 149++ (family room/ 4 adults). Surcharge for high season is applicable. Walking distance to LASALLE College of the Arts is 5-10 minutes.

2. Hangout Hotel @Mt Emily

10A Upper Wilkie, Singapore 228119

T. (65) 6438 5588, F. (65) 6339 6008, E. enquiries@hangouthotels.com

No frills hotel/ hostel. Winner of Tourism Award Singapore 2005 and 2006 best accommodation experience. Please refer to Internet booking for best rate. Room rates are from SGD70++ (double/twin room) to SGD190++(quintuplets room). Walking distance to LASALLE College of the Arts is 10-15 minutes.

Airport

You will be flying into Changi (SIN) Airport www.changiairport.com. It is often rated the best in the world - you won't know you are in an airport! When you get through customs at Changi (which is very painless and usually quick) you will pick up your bags and look for the taxi line, which is very organized, fast and efficient. It will take you about 20 minutes to half an hour to get to town and your accommodations and won't be too pricey (SGD15 - SGD25).

Around the Campus



Places to Eat Around the Campus

- 15 Minutes Café – café on campus
- Sim Lim Square basement food court, www.simlimsquare.com.sg
- Little India, www.littleindia.com.sg
- Park Lane, next to Peace Centre – Selegie Road
- Wild Rocket at Mt Emily (next to Hangout Hotel)
- Kopi Tiam - Local 'coffee shops' that sell various local fares at affordable rates. Situated at Golden Wall Centre, Mackenzie Road

Map link around LASALLE College of the Arts:

www.streetdirectory.com





Entertainment

General website on places to visit in Singapore

<http://www.visitsingapore.com/publish/stbportal/en/home.html>

<http://www.timeoutsingapore.com>

Embassies

- *Australia*: 25 Napier Road, Singapore 258507 Tel: (65) 6737-9311
- *United Kingdom*: 100 Tanglin Road, Singapore 247919 Tel: (65) 6473-9333
- *Canada*: One George Street #11-01, Singapore 049145 Tel: (65) 6854-5900 Fax: (65) 6854-5930
- *Japan*: 16 Nassim Road Singapore 258390 Tel: (65) 6235-8855
- *New Zealand*: 391A Orchard Road, #15-06 Ngee Ann City Tower A, Singapore 238873 Tel: (65) 6235-9966
- *USA*: 27 Napier Road Singapore 258508 Tel: (65) 6476-9100

Hospitals nearby LASALLE College of the Arts

1. *KK Women's and Children's Hospital*

100 Bukit Timah Road, Singapore 229899

T. (65) 6293 4044, F. (65) 62937933

2. *Raffles Hospital*

585 North Bridge Road, Singapore 188770

T. (65) 6311 1111 (24 hr hotline)

If you have questions please contact Dian Handayani Herberth, Conference Coordinator at:
admin.arttherapy@lasalle.edu.sg

Conference schedule and details correct at time of printing.