

Sat 12 Jul 2025 Music therapy conference schedule			
Time	Session title	Description	Notes
9:30am–10:00am	Registration		
10:00am–10:15am	Opening remarks	(i) IS Programme Leader Opening Remarks (ii) Introduction to Keynote Speaker, AP Dr Lori Gooding	Venue: Creative Cube
10:15am–11:30am	Dr Lori Gooding keynote “Positioning Music Therapy: EBP in a Complex Healthcare Landscape”	This keynote explores the evolving role of music therapy in Singapore’s healthcare system, focusing on its integration into modern medical practices, interdisciplinary teams and patient-centred care. As evidence-based approaches increasingly shape clinical outcomes, music therapy continues to affirm its value through both scientific validation and its holistic contribution to patient well-being. The session will discuss how music therapy can further strengthen its role within an integrated, evidence-driven healthcare landscape that meets the unique needs of Singapore.	Venue: Creative Cube Includes Q&A from participants
11:30am–11:45am	Morning break		
11:45am–1:00pm	Local Keynote Panel “Legacy and Leadership: Reimagining Music Therapy Evidence-based Practice in Singapore”	Building on the keynote’s exploration of music therapy’s role in evidence-based and practice-based care, this panel turns the spotlight to Singapore. Bringing together local clinicians, researchers, and educators, the session explores how “evidence” is defined, valued, and applied in music therapy and other creative arts therapies within the region. Panellists will examine the limitations of conventional research paradigms and highlight emerging, culturally grounded, and practice-informed approaches to care. Through dialogue and shared insight, the discussion will illuminate how local leadership, research, and innovation are driving meaningful, contextually relevant change across diverse practice settings. This session celebrates the growing influence of Singapore’s music therapy community—amplifying local and regional voices that are reshaping the future of the field from the ground up.	Moderator: Dr Indra Selvarajah Includes Q&A from participants

1:00pm–2:00pm	Lunch		
2:00pm–3:00pm	<p>Dr Lori Gooding's Introduction to Medical Music Therapy</p> <p>“Beyond the Notes: Applying Medical Music Therapy in Singapore's Evidence Landscape: Proving the Power of Music: Data-Driven Healing in Practice”</p>	<p>This session introduces Medical Music Therapy (MMT) as an evolving and evidence-informed clinical practice in Singapore's healthcare system. It explores how music interventions are grounded in empirical research while remaining flexible to local cultural norms, hospital settings, and interdisciplinary demands. Drawing from recent international and local studies, this session bridges the gap between theory and practice, focusing on how music therapists evaluate impact, adapt protocols, and co-create outcomes with medical teams and patients.</p> <p>Key topics include:</p> <ul style="list-style-type: none"> • Clinical research designs that support MMT outcomes • Case studies of MMT in hospitals • Music Therapy and Harm • Translating research into protocol: From evidence to bedside • Challenges and opportunities in data collection, outcome measurement, and cultural adaptation • Collaborating with physicians and allied health teams to co-define meaningful evidence 	<p>Location – Creative Cube</p> <p>Includes Q&A from participants</p>
3:00pm–3:15pm	Break		
3:15pm–4:15pm	<p>“Community Matters: Co-creating EBP into Medical and Mental Health Settings in Sg”</p> <p>Session will be broken into:</p> <p>3:15pm–3:30pm: Opening</p>	<p>This session delves into how evidence-based music therapy practices are applied, adapted, and co-developed within community mental health settings. Drawing on emerging research and clinical case studies from Singapore and the region, presenters will explore the balance between empirical rigour and contextual relevance.</p> <p>Participants will engage in facilitated focus groups to reflect on challenges, share experiences, and co-generate ideas on meaningful and sustainable practice models in community mental health.</p> <p>Overview of evidence-based frameworks in community mental health; case examples from practice.</p>	<p>Facilitated with the help of volunteers</p>

	<p>3:30pm–3:45pm: Introduction to focus groups</p> <p>3:45pm–4:15pm: Focus group discussions*</p>	<p>Framing questions: What counts as evidence in community mental health? What challenges do we face in applying EBP in diverse settings?</p> <p>Small facilitated groups explore lived experiences, cultural barriers, and strategies for community-relevant evidence. Highlights from each group shared in plenary; emergent themes summarized.</p>	
4:15pm–4:30pm	Break		
4:30pm–5:30pm	<p>Closing address and final reflections</p> <p>“Reflecting Forward: Closing Insights and Calls to Action”</p>	<p>(1) Synthesis of Insights gathered from - Morning keynote on EBP, PBE and MMT as applied into the Sg context encompassing the best available research evidence, MT’s clinical expertise.</p> <p>(2) Perspectives gathered during the introduction to EBP in music therapy, the local voices panel, and co-creating of EBP into Medical and Mental Health Settings community based on focus group discussions.</p> <p>(3) Next steps for implementing and contextualising EBP within Singapore’s music therapy landscape.</p> <p>We will conclude with final reflections and feedback from participants and stakeholders to consolidate key learnings from the day and shape future directions.</p>	<p>Location – Creative Cube</p> <p>Includes Q&A from participants</p>